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AUTUMN RECEPTION FOR NEW MEMBERS

Now is the time to welcome new retirees to our association. We hope they will enjoy themselves meeting other members and returning for other QPARSE activities.

DETAILS

Date	Thursday, October 23 rd , 2008
Place	English Montreal School Board 6000 Fielding Avenue Montreal
Time	Lawrence Patterson Room 3.30 pm - 5.30 pm

Parking is available in the Visitor's Parting Lot, off Draper Street.

For more information, please contact:

Sandra Aird 514-738-6169;
Althea Caesar 514-487-7241;
or Ken Cooke 514-485-9118



Events Calendar 2008-2009

2008

DATE	TIME	PLACE
OCTOBER 23 rd (Thurs.)	3:30 p.m.	<u>EMSB/Patterson Room</u> Fall Reception for "New" Members
NOVEMBER 20 th (Thurs.)	10:45a.m.	<u>PICASSO RESTAURANT</u> (Speaker followed by Lunch) Richard Zeidler/CJAD-travel consultant The "Do's and Don'ts" of today's travelling
DECEMBER 4 th (Thurs.)	10:30a.m. 12:30p.m.	<u>EMSB/Patterson Room</u> Holiday celebration / TBA Lunch/Baton Rouge

2009

JANUARY 22 nd (Thurs.)	11:45a.m.	<u>PICASSO RESTAURANT</u> (Speaker followed by Lunch) Susan Montgomery/Journalist The Montreal Gazette "Rwanda: Not Just Another Scary Place"
FEBRUARY 19 th (Thurs.)	10:45a.m.	<u>PICASSO RESTAURANT</u> (Speaker followed by Lunch) Stephen Gruber/Consulting Hypnotist "Hypnosis for Health & Wellbeing"

MARCH 27 th (Fri.)	10:30a.m.	<u>EMSB/Patterson Room/WORKSHOP</u> INFORMING THE 60 PLUS Types of residences available What to expect in each one Rates/Subsidies available
	12:30p.m.	Lunch: Baton Rouge Restaurant
APRIL 21 st (Tues.)	10:45a.m.	<u>PICASSO RESTAURANT</u> (Speaker followed by lunch) Maria Lafontaine -Winner of the Governor General Award for excellence in teaching. "Reclaiming my Life" (Coping with M.S.)
MAY 14 th (Thurs.)	9:30a.m.	<u>EMSB/Patterson Room</u> AGM
	12:30p.m.	Lunch /TBA

Picasso Restaurant is at 6810 St-Jacques (514-484-2832)

The Baton Rouge Restaurant is at 3538 rue des Jockeys (the old Blue Bonnets on Décarie) (514-738-1616).

Please inform one of the members of the Events/Program Committee if you will be attending: Sandra Aird 514-738-6169; Althea Caesar 514-487-7241; or Ken Cooke 514-485-9118.

Board of Directors Meetings

Take Place the Second Tuesday of the month at 10.30 a.m. at the EMSB, Room 114

October 14th, 2008

November 11th, 2008

January 13th, 2009

February 10th, 2009

March 10th, 2009

April 14th, 2009

June 9th, 2009

I had the great pleasure recently of being asked to be a judge in the Quebec Student Debating Association competition at John Rennie High School. These talented youngsters are competing for the privilege of going to the North American Championships, to be held in Calgary in November. The two top Canadian teams from the Calgary tournament will then move on to the Oxford Schools Tournament in March. So the stakes were pretty high.

The debates are structured with well defined rules. We were judging the ability of the debaters to show their creativity and oratorical powers within limited parameters, in the following categories: Content & Evidence, Argument and Reasoning, Organization, Presentation & Delivery, Refutation and Rebuttal. Another very important aspect was "Clash" or the ability of the opposing side to ask pertinent questions - called "Points of Information". These proved to be crucial elements in judging how well a debater handled him or herself in the rough and tumble of debate.

There were three rounds and, of course, I only got to see a small proportion of the debaters. I was very impressed by the enthusiasm, preparation and dedication of the competitors. I was particularly happy that the student I thought did an outstanding job in fact won first place and will be going to Calgary with her partner.

The three subjects were That this house would impose restrictions on the production of water bottles; That this house remove age restrictions on Olympic athletes, and, finally, That this house would ban negative political advertising. The first two subjects were really hard to get a handle on, but the third had great potential.

There were of course some outstanding debaters, but all the competitors tried hard and gave it their best shot. It was great fun to see these talented teenagers throwing themselves into the spirit of the event and, I think, having a good time.

Kudos to Louise Chalmers and her colleagues at John Rennie High for organizing the event and, if ever you are asked to take part, say yes immediately!



Contact QPARSE

<p>If you would like to submit an article, or make a correction in the newsletter</p>	<p>Don Berry, Editor 68 Courtney Montreal West Quebec H4X 1M5 Tel: 514-487-3140 e-mail: dberry@videotron.ca</p>
<p>Or: Visit our website:</p>	<p>www.qparse-apperq.org/e/feedback.shtml</p>

Legal Advice

Please be reminded that QPARSE retains the services of a notary who is willing to answer general questions dealing with real estate or taxes. Should he act for you, there will be a charge.

<p>Andrea F. Durso, Notary 4635 Sherbrooke St. West Westmount, QC H3Z 1G2</p>	<p>Tel: (514) 931-2531 Fax: (514) 931-2534</p>
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<p>Front Cover</p>	<p>Harvesting an autumn pumpkin patch</p>
<p>Back Cover</p>	<p>Kentville residents respond to a town contest with hundreds of delightful pumpkin people throughout the town.</p>

**This Newsletter is published three times a year by QPARSE -
 The Quebec Provincial Association of Retired School Educators.**

Reports

ACER-CART AGM

Representatives for the 14 retired teacher organizations from every Canadian province and one territory (the newest member being the Yukon Retired Teachers Alumnae) gathered at the Canadian Teachers' Federation in Ottawa on June 6-7, 2008, At this 17th Annual General Meeting. the opportunity to share ideas, renew acquaintances, meet new friends, and to report on the activities of the ACER-CART committees and the issues faced by the member organizations were appreciated. [A full AGM report will be posted later on this website.]

Major issues addressed at this meeting included a revamping of the constitution and bylaws documents, clarification of the purpose of the ACER-CART Reserve Fund and the process for its utilization, and financial report formats. Much sharing of events and issues among member organizations took place, based upon well developed written member organization reports. Johnson Inc. representatives gave information on the variations of cancer care throughout the country, accessibility to drug treatment, and accessibility to 24 newer cancer drugs and their public funding status across Canada. A "Best Doctors" plan was explained - an insurance plan that provides participants with quick diagnosis by medical experts when a second opinion is desired.

2008- 09 Elections: The annual election of executive officers resulted in no changes for 2008-09. Helen Biales (RTO/ERO) was elected president. The four Regional Representatives elected were Atlantic: Dr. Thomas Gaskell (RTO-NSTU), Québec: Patricia Steele (QPARSE), Ontario: Arnold Hull (RTO/ERO) and West: Vaughn Wadelius (RTAM). Wadelius was also re-elected as the 2008-09 vice-president. While Pierre Drouin will continue as Executive Director of ACER-CART, due to his other professional responsibilities he has submitted his resignation as of December 31, 2008. CTF staff support person Lynne Richard continues in her secretarial support role for ACER-CART.

ACER-CART Positions Taken □Motions were passed at the 2008 AGM directing the organization to:

Lobby the Government of Canada to establish a national pharmacare program with a national formulary; establish a national childcare program that is affordable, accountable and accessible; urge government to review and amend the Privacy Act to ensure privacy of personal information is respected; develop national strategies to inform seniors of their rights, available services and to reach out to victims of elder abuse.

Take the lead in future Pre-Budget Consultations as per ACER-CART policies

Develop a position paper in support of the federal government taking more responsibility for health care.

Pursue the issue of the error in calculation of CPI by Stats Canada and request that pensioners be reimbursed accordingly; pursue the elimination of the OAS claw back and Age Credit reduction.

Address the following issues as priorities for 2008-2009: elder abuse; availability and cost of prescription drugs; the effect of escalating property taxes on retirees.

Establish a search committee to replace Executive Director Pierre Drouin.

Committee Reports: Reports of the activities of the ACER-CART committees, a regular feature of the AGM, indicated the efforts expended during the previous year to advocate and publicize the positions proposed by the national organization.

Pension and Retirement Income Committee (Arnold Hull, Chair) □ Among the positions agreed upon were: encouraging negotiations that guarantee annual inflation protection for all retirees; guaranteed and funded COLAs as part of the pension plan with adequate funding; encouraging seniors to check their property assessments to ensure fairness and be aware of how to appeal; seniors use opportunities to be heard at local property tax sessions.

Communications Committee (Vaughn Wadelius, Chair) □ The website's updating included slide show photo presentations on the AGMs since 2006, improved document information, and a revamping of the "What's New" page. Two editions of the ACER-CART newsletter OPTIONS were produced in 2007-08. As well, special emails, media releases and political action updates and news alerts for Directors were utilized. A periodically updated member organization contacts list for sharing publications was continued. The death of the original ACER-CART webmaster in January was lamented. His duties were assumed by the Communications chair.

Health Services and Insurance Committee (Thomas Gaskell, Chair) □ Data from the surveys on two tier health care systems, type and cost of health plans, and drug plan make-up and costs to seniors has been reviewed. It was agreed to reaffirm current policy on Health Care in Canada, lobby for a national formulary/drug plan, coordinate a common front for enforcement of the core principles of the Canada Health Act, and initiate efforts for an ombudsman and trained provincial advocates for seniors.

Additional Representation - CNSO: Helen Biales, our representative with the Congress of National Seniors Organizations, was requested to seek an awareness campaign by CNSO to take action against elder abuse.

2008-09 President Helen Biales Comments

Welcome to the newest member of ACER-CART - Yukon Retired Teachers' Alumni (YRTA) - our first territorial organization. Our 2008 AGM was very busy and informative. As always, the representatives from the member organizations updated everyone on what was occurring in their provinces. It is always interesting to hear how differently retired teachers are treated in each region.

ACER-CART continues to lobby politicians on areas of concern identified by its members. This year health and the issues surrounding it have been identified as our main focus. We plan to lobby the federal government to develop a national pharmacare program. It is our hope that such a program would make more drugs available in all the provinces and territories at an affordable price.

While many other issues were discussed, we believe we are most effective when we work on a few. Health is a contentious issue as each province considers it part of its mandate and does not want interference from the federal government, except to transfer funds to the provinces. One AGM discussion dealt with how we can lobby effectively and we agreed that members need to lobby their own MPs to let them know our issues. At the national level, ACER-CART will be copying its government lobby letters to the various opposition party critics.

Executive Director Pierre Drouin has announced his retirement as of December. We thank Pierre for all his hard work on behalf of the ACER-CART. He was honoured by the organization at the AGM banquet on Friday night and at lunch on Saturday. The process of looking for a replacement for Pierre has begun.

The following are my impressions of the International Federation on Ageing conference held September 4th to 7th 2008. The title of the conference was Shaping Tomorrow Today. The program was designed to explore new approaches and thinking around creating and ensuring environments that support and enable older people to remain autonomous and active participants in their communities.

The sessions I attended dealt with Caregiver Legislation: How do we get there and does it matter; Transportation, The Montreal Perspective; Voluntary Organizations Meeting the needs of Older Persons in Aging; When Aging and Disasters Collide and Aging in Place in Canada: The Role of Supportive Housing for Seniors.

My overall impression of the presentations varied from being amazed by the work being done to the sad realization that there is a long way to go. It became obvious that throughout the various presentations no matter the content, there is a strong move to enable seniors to stay in their own homes or with their families. When we think of the seniors today and tomorrow this will create a change in housing needs, services and transportation requirements. Though the presenters talked extensively about what is happening now and the changes in the future, the funding for these projects was not discussed. Many talked about the reduced income upon retirement, affordable housing and the difficulty obtaining and paying for services. Another point focused on the adaptation of existing facilities for more appropriate transportation needs as it applied to the senior requiring assisted living. Unfortunately, little information regarding the "new" generation of seniors was presented.

By the year 2036 nearly a quarter of Canadians will be seniors. CMHC research presented at the session on Ageing in Place in Canada, highlighted the seniors that planned to remain in their own home. It made note of the change in attitude of the senior that will alter the pattern of housing needs and preferences, alter the nature of the demand for services, change transportation requirements, accentuate the need for making communities more responsive to people with disabilities and challenge existing neighbourhood design and community planning practices.

In my review of the 3 days, I was left with the impression that though "lip" service was paid to the problems that face an ageing population there was no evidence of financial involvement on a municipal, provincial or federal level. On several occasions I had the opportunity to ask the presenters about their plans for the seniors who will stay in their houses longer not as it applied to services but to everyday living (house repairs, food, taxes etc.) I received a shrug of the shoulder. I questioned the increase cost of living, taxation, and lack of pension indexing which presently affects the senior. This will become more of a problem as there will be more middle income workers especially single women retiring in the near future.

Interestingly, the CMHC research noted that the increasing number of seniors will likely change the political climate at the federal, provincial and municipal levels. The political impacts of ageing will be compounded because of the high voting rate of seniors. The voting strength of seniors will

influence campaign platforms and decision-making at all levels. It was said that there will be more political pressure to allocate or re-allocate resources to address the needs and priorities of older citizens. It is at this time that the governments at all levels will no longer be able to ignore the people.

I feel I would be remiss if I did not comment on the session regarding transportation. I was astounded by the presentation made by the STM. They initially started out by saying that there were some problems with the network due to the age of the Metro system. The presenters then continued to talk in glowing terms about the buses that "lower down" to assist the senior with mobility problems, the 3 "new" accessible Laval stations, the escalators and the proposed 4 elevators to be install in 4 of the stations as well as the fleet of buses for the handicapped. I will admit I had a difficult time not interrupting and reminding the presenters that the buses that lower seldom work, the escalators are in disrepair or stopped, and the 2/3 of the handicap bus fleet was in the garage for repairs. Obviously I could have added more but didn't want to "rain on their parade!"

The conference gave me a great deal to think about but I felt that many countries were not keeping up with the fast pace of change in the senior population of today and tomorrow.

Members with Special Expertise

Some time ago, we used to include in the Newsletter a list of names and phone numbers of members who had particular skills and interests that they were prepared to share with others. The topics included computers, real estate, travel, hearing problems, taxes and benefits. We would like to reinstitute this list. Of course, if you make additional income from your expertise, we would not expect you to offer your services free except for an initial phone contact.

If you are interested in putting your name on such a list, please contact us by e-mail, info@gparse-apperq.org or phone - President, Pat Steele (514-369-3473) or the Editor, Don Berry (514-487-3140).

Name	Phone or website	Talent
Sonia Browman	514-748-5788 Home 514-747-0568 machine	Sign language, speech therapy, lip reading
David Chandler	514-334-7418 ptolemee@autoroute.net	Assistance with digital photography & software
David Hogg	www.cruiseshipcenters.ca/davidhogg dhogg@cruiseshipcenters.com	Cruise consultant
Robin Narsted	mnarsted@yahoo.ca	Computer questions

MOUNT ROYAL HIGH TO CELEBRATE 1959 GRADUATION

Reunion scheduled for June 18-21, 2009 in Montreal

We are looking for the following professionals, who played an integral part in our education :

G.L. Drysdale, Principal
James C. Logan
James D. Dempster
Gerald F.H. Hunter
Mary S. Patterson
Miss D. Welham
R. Walter Herring
William A. Aitken

Kindly contact David Vineberg (davidvineberg@shaw.ca)
ph. 604-331-9981
fax 604-331-9982

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E-MAIL ADDRESSES

QPARSE is looking at making greater use of e-mail in its correspondence with members. This would help us to reduce the mailing and printing costs that eat up a large part of our budget. If you have an e-mail address that you don't think the association is aware of, please send an e-mail message to Robin Narsted (mnarsted@videotron.ca).

Valerie Cohen
Coordonnatrice de programmes bénévoles

Jeunesse, J'écoute, bureau régional du Québec
911, rue Jean-Talon Est bureau 323
Montréal, QC H2R 1V5
Téléphone : (514) 273-7007 poste 8213
Sans frais : 1 866-814-1010
Télécopieur : (514) 273-0589
www.jeunessejecoute.ca

«être à l'écoute des jeunes»

Adult Volunteers

Volunteers Made It Possible

In 1986 a small group of people hosted a fundraising dinner to raise money to help Canadian children. They were not experts on children's issues...they were simply a group who shared a vision of making Canada a better place for children.

Their fundraising efforts were successful. On May 16, 1989 Kids Help Phone became a reality. BMO Financial Services, Bell, Nestlé Canada and Parmalat embraced the vision and became founding sponsors, providing the core start-up funding to launch the new service. Volunteers in Calgary and Toronto worked to raise additional funds and awareness. Our counsellors broke new ground by adapting their skills to phone counselling.

Want to Volunteer?

If you are interested in becoming a volunteer with Kids Help Phone, or if you are interested in learning more, contact your regional today!

How Volunteers Help Kids Help Phone to "be there for kids"

Kids Help Phone has a number of positions available (depending on your region):

1. [Event Volunteers](#) participate by helping to run our local events.
2. [Awareness Volunteers](#) build awareness of Kids Help Phone
3. [Regional Representative](#) work as part of the National Board advising on regional issues
4. [Adult Student Ambassador Liaisons](#) manage our Student Ambassador Program
5. [Chapter Leadership Volunteer](#) provide Chapter Leadership in their community
6. [Fundraising Volunteers](#) participate in our events or hold their own event to raise money for Kids Help Phone

Opération : Compassion (titre)

By Brian Ostrovosky

La vitupération désobligeante
Comme une remontrance cuisante
Emblave le désagrément
Qui sème le dissentiment
En très peu de temps.

La gouvernance
À l'outrance
Embrase l'outrecuidance
Aux dépens
De la bienveillance
Qui alimente la concordance
Pour en aboutir à la complaisance.

Néanmoins la commisération
Présente l'occasion
Pour l'imprégnation
Des sentiments d'amour-passion

First published in *Le livre d'or pour la paix*, an anthology to promote peace in war torn Africa. There is a website for more details: <http://uniep.free.fr/>

MEMBERSHIP

NEWS FROM MEMBERS

Lillian Parkinson writes: What a pleasant surprise to receive a Certificate of Congratulations on being a member of QPARSE for twenty-five years. Really? I just could not believe it. How time flies! Thank you so much for the certificate and booklet of appropriate poems. A very thoughtful idea.

I have enjoyed the Newsletter all those years and wish to congratulate and thank all who work so hard to publish it. I often see names of people I know.

I was interested to read about the book that some teachers from the Eastern Townships have written about teaching in a one room school house. I taught in a rural school in Mille Isles (near Morin Heights) for two years 1942-44. We all skied to school in the winter. I made some good life long friends there.

I am enclosing a cheque to make up for the higher fees since I became a member.

Thanks again for the Certificate and all who serve on the executive to keep the Association going.

NEW MEMBERS

The following members are new to the Association since our last newsletter and we welcome them to QPARSE:

Surname	First Name	Address
Barrett	Noreen	Pierrefonds, QC
Colvil	Robert	Knowlton, QC
Dziarmaga	Ramona	Kirkland, QC
Gordon	Anita	Montreal, QC
Griffiths	Judith	Pointe Claire, QC
Halasz	Gabor	Montreal, QC
Harrison	Bob	Town of Mt Royal, QC
Jacobson	Mark	Montreal, QC
Perreault	Ginette	Rawdon, QC
Plummer	Carol	Montreal, QC
Quintal	Lise	Pincourt, QC
Richards	Mair	Montreal, QC
Richards	Edith	Pointe Claire, QC
Rolbin	Sandra	Ogden, QC
Stewart	Lynn	Pointe Claire, QC

NEWSLETTER STRAYS

When a newsletter is returned, we put out a special appeal to our members for information. You are our best source for discovering the reasons for that return. Please check the following list of returned newsletters, and send any information to Mrs Robin Narsted, 323 West Acres, Dollard Des Ormeaux, QC H9G 1V2

Assaly	Gloria	St. Laurent, QC
Bauer	John (Jack)	Pincourt, QC
Blackwood	Gail	Kingston, ON
Hamilton-Philbert	Alice	Pierrefonds, QC
Henderson	Pat	Lachine, QC
Hill	Kenneth	St Lambert, QC
Larocque	Marie-Estelle	St. Laurent, QC
Leslie	L.C.	Dorval, QC
Little	Hilda	Sherbrooke, QC
MacRae Simms	Maisie	Fredericton, NB
Pietremont	Elisabeth	Westmount, QC
Smith	Elizabeth	Pointe Claire, QC

SUPER SENIORS

The following is a list of our Super Seniors who will be celebrating a birthday in the following months. We wish them all congratulations and good health.

Walbridge	Edith	86	October
Little	Hilda	93	6 th October
Martin	Mary	96	November
Graham	Ruth	97	6 th November
Brouillet	Elaine	94	18 th November
Hill	Kenneth	91	21 st November
McCurdy	Wilbert	94	30 th November
Hamilton	Lorne	98	1 st December
McConnachie	Bess	95	7 th December
MacLean	Dorothy	92	7 th January
Cook	Margaret		9 th January
McCabe	Sarah	100	31 st January
Miller	Alice	96	January

WE REMEMBER

We remember also, the following members of QPARSE who have passed away since the last newsletter. We join with families and friends in remembrance.

Surname	First Name	Address	Date if known
Bowie	Helen	Montreal, QC	
Callan	Richard	Hudson, QC	
Gilker	Earlene	New Carlisle, QC	
Little	Helen	Stanstead, QC	20 th Feb 07
Mathew	Rachel	Orleans, ON	
McCabe	Sarah C	Charlo, NS	31 st May 08
McGerricle	Mary	Montreal, QC	4 th May 08
Moorhead	Norah	England	6 th May 08
Morrill	Elsie	Kingsbury, QC	26 th April 08
Picard	R. Leonard	Cote St Luc, QC	16 th August 08
Saddik	Jean	Town of Mt Royal, QC	
Turner	Barbara	Montreal, QC	26 th Feb 07
Wright	Phyllis	Scarborough, ON	

OBITUARY - Rudolphe Leonard Miller Picard

Passed away peacefully on August 16/08 at the Griffith McConnell Residence after a year long illness, in his 94th year. Leonard was a graduate of McGill University, the University of London and the University of Montreal. He was a retired officer of the Royal Canadian Navy where he served as an instructor. He also served on a Peace Keeping Mission on the HMCS Magnificent. He was a retired high school teacher for the Protestant School Board of Montreal.

Leonard was the devoted husband of the late Mary Turnbull, beloved father of Marilen Gerber (Gary), and Penny Glencross (Rick). He was the cherished grandfather (Poppa) of Andrew Glencross, Dana St. Louis, Erika MacDonald, Alyssa Gerber and Alex Gerber. Great grandfather of Hannah, Jack and Henry St. Louis, Bennett, and Charlotte Mary MacDonald.

Many thanks to all the wonderful nurses and caregivers who helped him during the last month to complete his life as he wished. Your compassion will never be forgotten.

A memorial service was held at the Unitarian Church of Montreal on Friday, Sept. 5, 2008 at 2:00 PM.

Donations are gratefully accepted to the Unitarian Church of Montreal, the Canadian Cancer Society or the Good Samaritan Foundation of the Griffith McConnell Residence.

New Members Application Form

QPARSE FEES:

Life Membership \$75.00

Please complete the form below and return it, with your cheque for \$75.00 made payable to QPARSE, to:

Mrs Robin Narsted
Membership Director
323 West Acres
Dollard des Ormeaux, QC
H9G 1V2



Date of Application _____ (dd/mm/yy)

(Please Print)

Name: _____

Address: _____

Apt/Hse #/Street

City Province Postal Code

Tel. No: _____ Date of Birth _____ (dd/mm/yy)

(Area code plus number)

e-mail address: _____

Is there anyone residing at the same address who is already a QPARSE member? If so, please specify first and last names.

First Name _____ Last Name _____

Robinson Residence

THE SPRING TEA

Evelyn Beban Lewis

Spring was bursting out all over on June 12, 2008 when the Robinson Residence for Seniors in Cowansville held their Spring Tea on their lawn from 2.00 pm to 4.00 pm. The grass was green, flowers all in bloom, a gentle breeze and trees in full array so that many chose to sit under them instead of using the tent that had been set up for their enjoyment, all added to make the day perfect.

Over a hundred people were welcomed by PRTH & BC Vice-President Gary Crandall and his wife Bev, while Matron Margaret Beattie and her staff made sure that everyone was kept happy. A bus load from Montreal, had made a day's outing and had first visited Knowlton where they had time to wander around, visiting the Lavender Farm and/or the BCH Society Museum. Two ladies were pleased to discover that bikes could be rented there and had enjoyed an hour and a half trip around the area.

Delicious refreshments were served by the ladies of All Saints Anglican Church, Dunham, who received a great round of applause, when thanked by Gary.

Mingling among the guests could be spotted Reverend Sinpoh Han, Anglican Rector, Pat Steele, President of QPARSE and many board members and friends from near and far.

As the time was drawing near to departing time, Gary asked everyone to gather around for a presentation. Don McOuat was asked to come forward. Graeme Sutherland then spoke of the many years that Don had served on our board, his years of teaching as well as serving as principal of various schools. Pat Steele then presented Don with a beautiful water colour painting of the Robinson Residence by R. Price. Don thanked the board members for the gift and stated that he will always be interested in the home and the painting will remind him of many happy hours spent attending functions there and/or working on the home's behalf.

Gary thanked Sandra Aird (board Member) for organising the bus trip, which had proved to be so successful, others, who came from Montreal and other areas by car, and the local people for supporting the home. Many had enjoyed visiting the home itself during the afternoon.

Door prizes, flowers supplied by the ladies who catered, were won by Shirley Wescott, Mary Stracina and Elizabeth Pilley.

To soon it was time to go back to the bus or car, everyone remarking on what a lovely afternoon it had been - enjoying mother nature, visiting with friends and/or making new ones along with delicious refreshments.

Below is a list of the guests who attended the Robinson Residence Spring Tea

Bev and Gary Crandall	Winona Matthews	Gertrud Antoine Barwick
Teresa Maguire	Ann and Ron Belden	Carla Stapensea
Don McOuat	Gillaim Lrtie	Jean Le Guillou
Renate and Graeme	Lorna Snow	Dinah Ouderkirk
Sutherland	Joan Ebbett	Catherine Davey-Smyth
Peggy Steele	Fiona McLachlan	Norma Brown
Shirley Westcott	Margaret Smiths	Carol Lodge
Adelaide Lanktree	Lynette Enevoldsen	Anne Shuster
David Melanson	Betty and Roy Seaman	Cathy Pollock
Doris Nelson	Louise Hall	Margaret Wallace
Claire and Art Hobbs	Peter Langford	Karen Hulme
Barbara Dunn	Sinpoh Han	Margaret Bryson
Pet Sexton	Dan Poirier	Larry Garmaise
Gail Gollan	Janet Snider	Dorothy Logan
Helen Mackey	Sandra Aird	Herre Degroot
Marilyn Gollan	Gretta Pipe	Olive Degroot
Ann and Alden Ticehurst	Maureen Howlett	Marianne Davis
Evelyn Lewis	Hilary Hill	Clara Verna
Ingeborg Fulford	Marjorie McKeown	Iby Siemens
June LAmey	Marjorie Topham	Bob Smith
Wilma Goodhue	Eleanor Arless	Shirley Smith
Gertrude Barrand	Rose Szasz	Mair Richards
Norma Sherrer	Althea Caesar	Alana Dow
Ian Trasler	Claire Caesar	Jackie Stevens
Cecelia Dunn	Rosemary Stewart	Elizabeth Pilley
Ann MacLeish	Virginia Abdalla	Liz Eamon
Ila Grayland	Judith Croney	Mrs. E. Schneider
Pat Graham	Alice Lecouvie	Mr. E. Schneider
Bert Napkil	Sheila Knott	Pearl Narick
Elaine Buzzell	Ken Cooke	Alston Narick
Pat Steele	Erica Martin	
Beverley Delamare	Ruth Toohey	
Mary LaChasseur	Jules Stracina	
Helen Page	Mary Stracina	
Jean Scott	Susan Chirke	
Donna Luce	Heather Lightfoot	
Cynthia Clinton	Olivia Fontaine	



- Private Rooms with Bath
- Home Cooked Meals
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P.R.T.H. & B. CORPORATION

Many of our members contribute to the upkeep of the Robinson Residence. Should you wish to donate, please use this form. Receipts for donations of \$15.00 or more will be issued for income tax purposes.

Please make your cheques payable to the P.R.T.H. & B. Corporation.

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George Carlin on age.

(Absolutely Brilliant)

Do you realize that the only time in our lives when we like to get old is when we're kids? If you're less than 10 years old, you're so excited about aging that you think in fractions.

"How old are you?" "I'm four and a half!" You're never thirty-six and a half. You're four and a half, going on five! That's the key

You get into your teens, now they can't hold you back. You jump to the next number, or even a few ahead.

"How old are you?" "I'm gonna be 16!" You could be 13, but hey, you're gonna be 16! And then the greatest day of your life. You become 21. Even the words sound like a ceremony. YOU BECOME 21. YESSSS!!!

But then you turn 30. Oooohh, what happened there? Makes you sound like bad milk! He TURNED; we had to throw him out. There's no fun now, you're Just a sour-dumpling. What's wrong? What's changed?

You BECOME 21, you TURN 30, then you're PUSHING 40. Whoa! Put on the brakes, it's all slipping away. Before you know it, you REACH 50 and your dreams are gone.

But wait!!! You MAKE it to 60. You didn't think you would!

So you BECOME 21, TURN 30, PUSH 40, REACH 50 and MAKE it to 60. You've built up so much speed that you HIT 70! After that it's a day-by-day thing; you HIT Wednesday!

You get into your 80's and every day is a complete cycle; you HIT lunch; you TURN 4:30 ; you REACH bedtime. And it doesn't end there. Into the 90s, you start going backwards; "I Was JUST 92."

Then a strange thing happens. If you make it over 100, you become a little kid again. "I'm 100 and a half!"

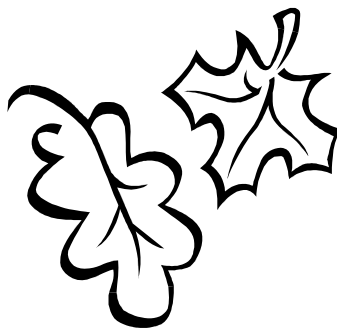
May you all make it to a healthy 100 and a half!!

HOW TO STAY YOUNG

1. Throw out non-essential numbers. This includes age, weight and height. Let the doctors worry about them. That is why you pay "them."
2. Keep only cheerful friends. The grouches pull you down.
3. Keep learning. Learn more about the computer, crafts, gardening, whatever. Never let the brain idle. "An idle mind is the devil's workshop." And the devil's name is Alzheimer's.
4. Enjoy the simple things.
5. Laugh often, long and loud. Laugh until you gasp for breath.
6. The tears happen. Endure, grieve, and move on. The only person, who is with us our entire life, is ourselves. Be ALIVE while you are alive.
7. Surround yourself with what you love, whether it's family, pets, keepsakes, music, plants, hobbies, whatever. Your home is your refuge.
8. Cherish your health: If it is good, preserve it. If it is unstable, improve it. If it is beyond what you can improve, get help.
9. Don't take guilt trips. Take a trip to the mall, even to the next county; to a foreign country but NOT to where the guilt is.
10. Tell the people you love, that you love them, at every opportunity.

AND ALWAYS REMEMBER:

Life is not measured by the number of breaths we take, but by the moments that take our breath away.



Only in Canada

Do drugstores make the sick walk all the way to the back of the store to get their prescriptions while healthy people can buy cigarettes at the front.

Do people order double cheeseburgers, large fries, and a diet coke.

Do banks leave both doors open and then chain the pens to the counters.

Do we leave cars worth thousands of dollars in the driveway and put our useless junk in the garage.

Do we buy hot dogs in packages of ten and buns in packages of eight.

Do they have drive-up ATM machines with Braille lettering.

EVER WONDERED WHY...

the sun lightens our hair, but darkens our skin ?

women can't put on mascara with their mouth closed?

don't you ever see the headline 'Psychic Wins Lottery'?

'abbreviated' such a long word?

doctors call what they do 'practice'

lemon juice made with artificial flavor, and dishwashing liquid made with real lemons?

the man who invests all your money called a broker?

the time of day with the slowest traffic is called rush hour?

there isn't mouse-flavored cat food?

Noah didn't swat those two mosquitoes?

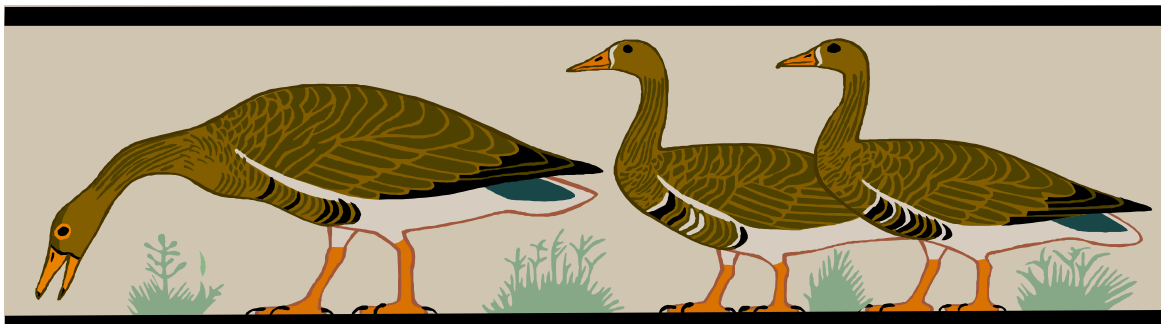
they sterilize the needle for lethal injections?

You know that indestructible black box that is used on airplanes? Why don't they make the whole plane out of that stuff?!

sheep don't shrink when it rains?

apartments are called that, when they are all stuck together?

If flying is so safe, why do they call the airport "the terminal"? Now that you've smiled at least once, it's your turn to spread the stupidity and send this to someone you want to bring a smile to (may be even a chuckle)... in other words, send it to everyone. We all need to smile every once in a while.



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